

Recovery and Non-Diet Instagram Accounts

ED Therapists

@kneadtotalk
@thecrankytheapist
@drcolleenreichmann
@heytyffanyroe
@badashtherapy
@bodyjustice.therapist
@bodyimagewithbri
@homebodytherapy
@with_this_body
@dr.jenniewh
@body_peace_liberation
@bodyimage_therapist
@fatpositivetherapy
@theshirarose
@somatic_therapist
@hilaryliannamcbride

Queer Recovery

@samdylanfinch
@stiles_therapy
@fyeahmfabello
@fedupcollective
@allgendernutrition
@moxiemind

General ED Recovery/Lived Experience

@beatingeatingdisorders
@thefriendineverwanted
@healingcrayons
@eatfree.livefierce
@recoverwithmeda
@drrachelmillner
@kevindoesarfid

ED RDs/Med Providers

@aaronfloresrdn
@chr1styharrison
@newmoonRD
@jamierd_
@thenutritiontea
@dietitiananna
@katyarowellmd
@encouragingdietitian
@amee_rd
@allgendernutrition

@foodpeacedietitian
@laurathomasphd
@alissarumseyrd
@thewellfull
@whitneytrotter.rd
@bodyhonornutrition
@jessicawilson.msrd
@mia.the.rd
@moxiemind
@your.latina.nutritionist
@thewittyavocado
@foodfreedomdietitian
@rachaelhartleyrd
@bodypositive_dietitian
@center4bodytrust
@weightinclusivenutrition
@anirdn
@adhd.nutritionist
@rootednutritionservices
@jessihaggertyrd
@gaudianiclinic
@thefatdoctor
@everything_endocrine

Fat Positive/Celebration

@themilitantbaker
@fatmarquisele
@tiffanyyima
@yrfatfriend
@journeyto2antoinette
@thefatsextherapist
@moretoloveyoga
@marielle.elizabeth
@fiercefatfemme
@fierce.fatty
@virgietovar
@sonyareneetaylor
@fatkiddanceparty
@kenziebrenna
@hannahtalksbodies
@tiffanycroww
@iamannachapman
@bodyliberationwithlindley
@your_body_is_good
@antidietfatty
@sacredspaceforfatbodies
@your_body_is_good

Body Positive & HAES Fitness

@jameelajamilofficial
@i_weigh
@meganjaynecrabbe
@antidietriotclub

Body Positive & HAES cont.

@diets_dont_work_haes
@thebodylovesociety
@beauty_redefined
@thebodypositive
@meg.boggs
@decolonizing_fitness
@allbodiesonbikes
@mynameisjessamyn
@tiffanyyima
@unlikelyhikers
@deadlifts_and_redlips
@iamlshauntay
@tallyrye
@thepowerliftingsocialworker

BIPOC RDs/Recovery

@your.latina.nutritionist
@jessicawilson.msrd
@mia.the.rd
@whitneytrotter.rd
@rootednutritionservices
@the_bodylib_advocate
@donetta_the_rd
@pcos.nutritionist
@thecelstialliferd
@daliakinsey.rd
@thenutritiontea

